

# OCTOBER | 2024

## Pellston Preschool Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 	2	3	4 
7 Hamburger WG Bun Baked Beans	8 Breakfast for Lunch Belgian Waffles Sausage Scrambled Eggs	9 Polish Sausage Roasted Potatoes WG Dinner Roll	10 ½ Day Sack Lunches	11
14 Fish Patty WG Bun Green Beans	15 HM Chicken Enchilada Bake Refried Beans	16 Baked Potato Bar Diced Ham, Bacon Bits The Works WG Pretzel Roll	17 HM Mac & Cheese Mini Sausage Carrots	18
21 Chicken Patty WG Bun Peas	22 Breakfast for Lunch WG French Toast Sausage Hash Brown	23 WG Grilled Cheese Tomato Soup	24 WG Cheese Tortellini Marinara Sauce Broccoli	25
28 Hot Dog WG Bun Coveyou's Corn	29 Beef & Cheese Nachos Black Bean Salad	30 Chicken Drumstick Mashed Potatoes Gravy, WG Dinner Roll	31 Happy Halloween!  Spaghetti Meatballs Coveyou's Cauliflower	1

### All Students eat Lunch for FREE!

Offered at each Lunch:  
 -Raw or cooked veggie  
 -Fresh or cupped fruit  
 -Whole Grain Item  
 -Protein Item  
 -1% or FF White Milk

HM=Homemade  
 WG=Whole Grain

Substitutions may be necessary where product is unavailable

Grant funding for serving local produce offered through the MI 10 Cent Grant

Questions:  
 Contact Kelly Marshall  
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