

MAY | 2026

Pellston MSHS Breakfast








MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27</p>	<p>28</p> 	<p>29</p>	<p>30</p> 	<p>1</p> <p>Baked Oatmeal with Butter and Cinnamon</p> <p>Protein: Boiled Egg</p>
<p>4</p> <p>WG Cinnamon Donuts</p> <p>Protein: Turkey Stick</p>	<p>5</p> <p>WG Chorizo Breakfast Taco</p> <p>Protein: Cottage Cheese</p>	<p>6</p>  <p>WG Croissant with Ham, Egg and Cheese</p> <p>Protein: Yogurt</p>	<p>7</p> <p>WG Pancakes and Sausage Links</p> <p>Protein: Cheese Stick</p>	<p>8</p> <p>WG Biscuit and Gravy</p> <p>Protein: Boiled Egg</p>
<p>11</p> <p>WG Pancake Wraps</p> <p>Protein: Turkey Stick</p>	<p>12</p> <p>Egg Bites and Biscuit Stick</p> <p>Protein: Cottage Cheese</p>	<p>13</p> <p>WG English Muffin with Sausage, Egg and Cheese</p> <p>Protein: Yogurt</p>	<p>14</p> <p>WG French Toast Warm Berries</p> <p>Protein: Cheese Stick</p>	<p>15</p> <p>Scrambled Eggs with Ham and Cheese and ½ WG English Muffin</p> <p>Protein: Boiled Egg</p>
<p>18</p> <p>WG Warm Scone</p> <p>Protein: Turkey Stick</p>	<p>19</p> <p>Sausage Gravy Boat with Roasted Potatoes and Scrambled Eggs</p> <p>Protein: Cottage Cheese</p>	<p>20</p> <p>WG Croissant with Sausage, Egg and Cheese</p> <p>Protein: Yogurt</p>	<p>21</p> <p>WG French Toast Bake</p> <p>Protein: Cheese Stick</p>	<p>22</p>  <p>No School</p>
<p>25</p>  <p>Memorial Day</p>	<p>26</p> <p>Cheese Omelet and Hashbrown Patty</p> <p>Protein: Cottage Cheese</p>	<p>27</p> <p>WG Pancake Sandwich with Bacon, Egg and Cheese</p> <p>Protein: Yogurt</p>	<p>28</p> <p>WG Emoji Waffles Bacon</p> <p>Protein: Cheese Stick</p>	<p>29</p> <p>Cheesy Egg Bake (Eggs, Hashbrowns, Bacon, Cheese)</p> <p>Protein: Boiled Egg</p>

Every Free Breakfast Includes:

Choice of Whole Grain Item

Protein Item (Meat Stick, Cottage Cheese, Yogurt, String Cheese, Boiled Egg)

Fresh Fruit or 100% Juice

1% / Fat-Free Milk (White & Chocolate)

WG = Whole Grain

Substitutions may be necessary.

Questions? Contact Mariah Heinz:

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